

Symptoms of Diabetes

Who is most prone to Diabetes?

1. Older than 40 years
2. If you have problems with overweight
3. You are not fan on sport activities
4. If you have a member of your family who is with diabetes
5. *if you are women:* if you have children born more than 8 pounds (4 kg.)

Top Symptoms of Diabetes

diabetes type 1 symptoms

- Frequent urination (*polyuria*)
- Excessive thirst (*polydipsia*)
- Extreme hunger (*polyphagia*)
- Unusual and unexpected weight loss
- Increased fatigue
- Irritability
- Blurry and unstable vision
- Constantly tired

diabetes type 2 symptoms

Type 1 symptoms +:

- Cuts or sores that are slow to heal, poor wound healing
- Itchy skin
- Dry mouth
- Leg pain
- Infections

Information from <http://www.diabetesmellitusworld.com/diabetes-symptoms/>

